
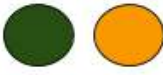






What to expect from my baby

(A guide for how often to feed baby, weight gain/loss and wet & poopy diapers)



Your Baby's Age	1 Day	2 Days	3 Days	4 Days	5-7 Days	2 weeks and older
How often do I BF/Feed my baby in 24 hrs?	At least every 3 hrs (1-3 hrs)	At least every 3 hrs (1-3 hrs)	At least every 3 hrs (1-3 hrs)	At least every 3 hrs (1-3 hrs)	At least every 3 hrs (1-3 hrs)	At least every 3 hrs (1-3 hrs)
How big is my baby's tummy?	Size of a marble 5 mls	Size of a marble 5 mls	Size of a ping pong ball 22-27 mls	Size of a ping pong ball 22-27 mls	Size of a ping pong ball 22-27 mls	Size of an egg 60-80 mls
How many wet diapers will my baby have in 24 hrs?	At least 1	At least 2	At least 3	At least 4	At least 5	At least 6
How many poopy diapers will my baby have in 24 hrs?	At least 1-2 black or dark green 	At least 2-3 Green or orange/yellow 	At least 2-3 orange/yellow 	At least 2-3 orange/yellow 	At least 2-3 seedy yellow 	At least 2-3 seedy yellow 
How much will my baby weigh?	Lose up to 10% of its birth weight	Lose up to 10% of its birth weight	Lose up to 10% of its birth weight	Gain about 2/3-1 1/2 oz/day	Regain birth weight by 10-14 days	At birth weight and gaining 4-8 oz/week



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